

ACTIVE MIND COMPLEX

SMART NUTRITION FOR BRAIN HEALTH¹



Nutritional Information

One serving: 2 capsules		
Servings per container: 30		
	Per 2 capsules	% RI*
VITAMINS		
Vitamin C	12 mg	15%
Vitamin B6	0.21 mg	15%
Folic acid	30.0 µg	15%
Vitamin B12	0.38 µg	15%
Pantothenic acid	0.90 mg	15%
OTHER SUBSTANCES		
Neumentix™	900 mg	
of which: Polyphenols	226 mg	
of which: Rosmarinic acid	131 mg	

* Reference intake

SKU: 243K

Ingredients:

Neumentix™ spearmint aerial parts extract (*Mentha spicata* L.), capsule shell (hydroxypropyl methyl cellulose, colour (copper complexes of chlorophyllins)), bulking agents (calcium phosphates, microcrystalline cellulose), Vitamin C (L-ascorbic acid), anti-caking agents (magnesium salts of fatty acids, silicon dioxide), Pantothenic acid (calcium D-pantothenate), Vitamin B12 (cyanocobalamin), Vitamin B6 (pyridoxine hydrochloride), Folic acid (pteroylmonoglutamic acid).

Neumentix™ is a trademark of Kemin Industries, Inc.

Support your mental performance¹ and stay in control over daily tasks, even on your most hectic days, with Active Mind Complex. Expertly developed with a scientifically proven, patented spearmint ingredient to improve focus, concentration, reaction time² and working memory³.

Active Mind Complex also contains a blend of carefully selected vitamins, to support normal psychological function, mental performance and functioning of the nervous system¹.

Take care of your cognitive health everyday with Active Mind Complex.

KEY BENEFITS AND FEATURES

- Contains a scientifically proven patented spearmint ingredient to promote cognitive and mental performance²
- Improves focus², concentration², reaction time² and working memory³ without disrupting sleep at night.³
- Contains vitamins C, B6, B12 and folic acid, contributing to normal **psychological function**
- Vitamins C, B6 and B12 also contribute to the normal **function of the nervous system**
- Contains pantothenic acid contributing to normal **mental performance**
- Suitable for vegans
- Gluten-free

USAGE

Take 2 capsules per day with meals. Use this product within a balanced and varied diet as part of a healthy, active lifestyle.

For more information on Active Mind Complex follow the QR code.



¹ Active Mind Complex contains folic acid, vitamins C, B6 and B12 which contribute to the normal psychological function. It also contains pantothenic acid to support normal psychological function. Vitamins C, B6 and B12 contribute to normal functioning of the nervous system.

² Results shown in a group of adults with a mean age of 27 years old with following references:

- Falcone PH, et al. Nutr Res. 2019; 64: 24-38
- Falcone PH, et al. J Int Soc Sports Nutr. 2018; 15(1): 58

³ Result shown in a group of adults with a mean age of 59 years old with following references:

- Herrlinger KA, et al. J Altern Complement Med. 2018; 15(1): 37-47