

NIGHT MODE

7 DAYS* TO BETTER SLEEP



SKU: 282K

Ingredients:

Gluten free soluble **wheat** fibre, natural flavourings, colour (copper complexes of chlorophyllins), saffron (*Crocus sativus* L.) stigmas extract, Riboflavin, vitamin B6 (pyridoxine hydrochloride), anti-caking agent (silicon dioxide).

Allergy advice: for allergens, see ingredients in **bold**.

Nutritional Information

Serving Size: 6 g		
Servings per Container: 30		
	Per serving (6 g)	% RI**
VITAMINS		
Riboflavin	0.42 mg	30 %
Vitamin B6	0.42 mg	30 %
OTHER SUBSTANCE		
Saffron stigmas extract	28 mg	

** Reference intake

A night-time food supplement infused with a unique saffron extract scientifically shown to improve sleep quality in just 7 days*. It can also help to improve your mood after awakening and increase your melatonin levels in the evening to support your sleep/wake cycle***.

KEY BENEFITS AND FEATURES

- Contains a unique Saffron extract which improves sleep quality*, reduces the feelings of sleeplessness*** and, increases melatonin levels*** that harmonize the sleep-wake cycle, and improves your mood after awakening***
- Drink before bed time
- High in vitamin B6, contributing to normal psychological function and to the normal function of the nervous system
- High in Riboflavin contributing to the normal function of the nervous system and to the reduction of tiredness and fatigue
- Contains colours from natural source and no artificial flavourings
- Suitable for vegans
- Gluten-free
- Sugar-free

*Result typically seen after 7 days intake of 28 mg saffron extract daily based on clinical trial results

***Results typically seen after 28 days intake of 28 mg saffron extract daily based on clinical trial results

USAGE

Add one scoop (6 g) to half a cup of cold or warm water (around 150 ml), mix and enjoy approximately one hour before bedtime. Use once daily.

Enjoy this product with a balanced and varied diet, as part of a healthy, active lifestyle.

For more information on Night Mode follow the QR code.



NOTICE: Do not exceed the recommended daily dose. Food supplements are intended to supplement the diet and should not be used as a substitute for a varied diet. Store out of reach of young children. Not recommended for children, breastfeeding women, or during pregnancy.