

H24 LIFTOFF MAX

GRAPEFRUIT TWIST FLAVOUR



Nutritional Information

Serving Size: 1 sachet (4.2 g)

Servings Per Carton: 10

	Per 100 g		Per 250 ml of made up product*	
Energy	1344 kJ 320 kcal	-	56 kJ 13 kcal	-
Fat	0 g	-	0 g	-
of which: saturates	0 g	-	0 g	-
Carbohydrate	70 g	-	3 g	-
of which: sugars	1.0 g	-	0 g	-
Protein	10 g	-	0 g	-
Salt	19.0 g	-	0.8 g	-
VITAMINS		% RI **		% RI **
Vitamin C	1905 mg	2381 %	80 mg	100 %
Thiamin	26 mg	2381 %	1.1 mg	100 %
Riboflavin	33 mg	2381 %	1.4 mg	100 %
Niacin	381 mg	2381 %	16 mg	100 %
Vitamin B6	33 mg	2381 %	1.4 mg	100 %
Vitamin B12	24 µg	952 %	1.0 µg	40 %
Biotin	1190 µg	2381 %	50 µg	100 %
Pantothenic acid	143 mg	2381 %	6.0 mg	100 %
OTHER SUBSTANCE				
Caffeine***	4286 mg	-	180 mg	-

*Per made up product = 1 sachet (4.2 g) dissolved in 250 ml water

**Reference intake

***It is not recommended to exceed a daily intake of 400 mg caffeine from all sources.

Ingredients:

Acidity regulators (sodium bicarbonate, citric acid), maltodextrin, natural flavourings, caffeine powder, L-ascorbic acid (Vit. C), sweetener (steviol glycosides), colour (beetroot red), nicotinamide (Niacin), calcium D-pantothenate (Pantothenic acid), riboflavin (Vit. B2), pyridoxine hydrochloride (Vit. B6), thiamin mononitrate (Vit. B1), cyanocobalamin (Vit. B12), D-biotin (Biotin).

H24 LiftOff Max is a delicious grapefruit flavoured energy drink that contains 180 mg of caffeine per serve, perfect before a workout or whenever you need to get back on track.***

It is high in vitamin C, vitamins B6 and B12 which contribute to reducing tiredness and fatigue. It is also specially formulated with pantothenic acid that contributes to normal mental performance.

H24 LiftOff Max comes in a box of 10 individual sachets and is great to have when you're on-the-go.

KEY BENEFITS AND FEATURES

- 180 mg of caffeine per serve***
- High in vitamin C, vitamins B6 and B12
- Sugar-free
- Vegan
- No artificial colours or flavours, contains naturally sourced sweetener
- Refreshing Grapefruit Twist flavour

DIRECTIONS FOR USE

For best results, we recommend 1 sachet per day dissolved in 250 ml water either before a workout or whenever you need to get back on track. Enjoy this product within a balanced and varied diet, as part of a healthy, active lifestyle.

***It is not recommended to exceed a daily intake of 400 mg caffeine from all sources (200 mg for pregnant or breast-feeding women).